



Birth Bag Packing List

- Hair Coils
- Bobby Pins
- Dry Shampoo
- Facial Wipes/Spray
- Nipple Cream
- Peppermint Oil
- Pillow
- Nursing Nightgowns
- Robe
- Slippers
- Mom's Going Home outfit
- Baby's Going Home outfit
- Insulated Cup
- Snacks
- Call your Doula!
- Call your Birth Photographer!
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- _____
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